Dr Farzaneh Yazdani

Project Leader

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PROFILE

Dr. Yazdani was honoured with the Enterprise Champion Award from Oxford Brookes University in 2023 for her dedication to the entrepreneurial diversity project. She strongly believes in the power of narratives as an effective way of learning about people's lived experiences. Her aim is to give a voice to those whose stories may not be celebrated in today's world where only newsworthy success is highlighted. Through storytelling, she seeks to shed light on the experiences of those whose voices may not be echoed in mainstream media. By sharing these narratives, she hopes to create a more inclusive and empathetic society where everyone's story is valued and heard.

Farzaneh is an experienced academic and researcher in the field of health and wellbeing, focusing on life balance. She has developed a model called the 'Model of Occupational Wholeness' to help individuals and groups who are unsatisfied with themselves or their lives to gain self-awareness, reflect, and make positive changes to improve their situations based on what has positive meaning to them.

CURRENT POSITIONS

Associate Researcher, Oxford Brookes University
Leads the Entrepreneurial Diversity research project.

EDUCATION AND QUALIFICATIONS

2006 **PhD**, University of Jordan, in collaboration with the University of Illinois at Chicago

2003 **MA, Psychological and Educational Counselling**, University of Jordan

1997 **MSc, Psychiatric Occupational Therapy**, Iran Medical Sciences University

1994 **BSc, Occupational Therapy**, Iran Medical Sciences University

Senior Fellow, Higher Education Academy (SFHEA)

CO-OP Approach therapist training, CO-OP Academy, Canada

CAREER HISTORY

2024–2025 **Programme Leader, MSc Occupational Therapy**, University of Roehampton

2009–2020 **Course Leader, MSc Rehabilitation**, Oxford Brookes University

2008 **Senior Lecturer**, Oxford Brookes University
Led modules across the occupational therapy, rehabilitation, osteopathy and sport programmes.

2006–2008 **Head of the Occupational Therapy Department**, University of Jordan

2003 **Visiting Scholar, Model of Human Occupation Clearinghouse**, University of Illinois at Chicago
At the invitation of Professor Gary Kielhofner.

2001–2008 **Assistant Professor and Programme Lead, Faculty of Rehabilitation**, University of Jordan
Helped establish the occupational therapy programme.

1994–2000 **Lecturer, Occupational Therapy**, University of Social Welfare and Rehabilitation Sciences, Tehran

ROLES AND MEMBERSHIPS

2021–present **Lead, Occupational Wholeness Network**
Professional and public platforms, with material in English, German, Arabic and Persian.

2019–2020 **Subject Expert**, Metropolitan College, Greece

2015–2016 **Member, Faculty of Health and Social Care Research Ethics Committee**, Oxford Brookes University

Research Interest Groups Lead, ROTOS Foundation (OT-Europe)

Project Leader, Entrepreneurial Diversity — "Enterprise as DOING", Oxford Brookes University

International mentor and Middle East delegate, Model of Human Occupation Clearinghouse, University of Illinois at Chicago

Editorial board member, Journal of Disability and Function; Iranian Rehabilitation Journal

Peer reviewer, Canadian Journal of Occupational Therapy; Journal of Occupational Science; Scandinavian Journal of Occupational Therapy; International Journal of Therapy and Rehabilitation; Australian Occupational Therapy Journal

AWARDS AND GRANTS

2023 **Enterprise Champion Award**, Oxford Brookes University
For the Entrepreneurial Diversity project.

2022–2023 **Erasmus+ staff exchange**, University of West Bohemia, Czech Republic
Model of Occupational Wholeness workshops and research collaboration.

2018 **Elizabeth Casson Trust travel award**
To introduce the Model of Occupational Wholeness at the World Federation of Occupational Therapists congress, South Africa.

2017 **Erasmus+ staff exchange**, Oslo Metropolitan University, Norway
Research collaboration and workshops on the Model of Occupational Wholeness and therapeutic relationships.

PUBLICATIONS

Books

2023 Yazdani, F. (2023). Occupational Wholeness for Health and Wellbeing: A Guide to Re-thinking and Re-planning Life. (1st ed.). Routledge. https://www.routledge.com/Occupational-Wholeness-for-Health-and-Wellbeing-A-Guide-to-Re-thinking-and-Re-planning-Life/Yazdani/p/book/9780367472979.
www.routledge.com/Occupational-Wholeness-for-Health-and-Wellbeing-A-Guide-to-Re-thinking-and-Re-planning-Life/Yazdani/p/book/9780367472979

Book chapters

Forthcoming Yazdani, F. (in press). Critical Perspectives of Occupational Therapy Practice: A New Paradigm Shift in Conceptual Foundations? In G. Fisher (Ed.), Re-Envisioning Kielhofner's Conceptual Foundations of Occupational Therapy Practice: A Multi-Model Approach (5th ed.).

2024 Yazdani, F. (2024). The Model of Occupational Wholeness. In G. Gillen, C. Brown & E. Ramugondo (Eds.), Willard and Spackman's Occupational Therapy (14th ed.). Wolters Kluwer. ot.lwwhealthlibrary.com/book.aspx?bookid=3280

2020 Yazdani, F. (2020). Mothers' wishes and dreams. In C. Imms & D. Green (Eds.), Participation: Optimising Outcomes in Childhood-Onset Neurodisability. Mac Keith Press.

2017 Yazdani, F. (2017). Owning Occupational Therapy Theories and Concepts: Wearing Your Own Coat. In D. Sakellariou & N. Pollard (Eds.), Occupational Therapies Without Borders. Elsevier.

2008 Yazdani, F. (2008). Occupational Management: How Clients Achieve Change. In G. Kielhofner, Model of Human Occupation (4th ed.). Lippincott Williams & Wilkins.

Journal papers

Forthcoming Yazdani, F. Nazi, S. Kavousipour S, Esmaili S. Rezaee M. (2021) The perceived impact of the COVID-19 pandemic by the public in Iran. The perceived impact of the COVID 19 pandemic by the public in Iran. Scandinavian Journal of Occupational Therapy.

2024 Kavousipor, S. Nazi, S. Karamali Esmaili, S. Yazdani, F. Ghanbari, S. (2024) Factors Influencing Women's Perceptions of Sense of Being, Becoming, and Belonging During the COVID-19 Crisis. Factors Influencing Women's Perceptions of Sense of Being, Becoming, and Belonging During the COVID-19 Crisis, Journal of Rehabilitation Sciences & Research 11 (4), 179-184.

2024 S Nazi, S Kavousipor, S Pourahmad, F Yazdani, M Rezaee, S Ghanbari (2024). Assessing Life Balance During the Early Phase of COVID-19 Physical Isolation in Iranian Society. Journal of Rehabilitation Sciences & Research 11 (1), 18-24.

2024 Eisenhut, H., Collett, J., & Yazdani, F. (2024). Exploring the barriers and facilitators to volunteering as an intervention for those with long-term neurological conditions: How make therapeutic volunteering possible? Health Expectations, 27(1), e13891. doi.org/10.1111/hex.13891

2024 Dehghanizadeh, M., Akbarfahimi, M., Zareiyan, A., Yazdani, F., & Khalafbeigi, M. (2024). Development, Validity, and Reliability of Adolescent Motivation Inventory-Cerebral Palsy. Iranian Rehabilitation Journal, 22(4), 557–572. doi.org/10.32598/irj.22.4.422.7

2024 Farhadian, M., Akbarfahimi, M., Hassani Abharian, P., Khalafbeigi, M., & Yazdani, F. (2024). The Effect of Leisure Intervention on Occupational Performance and Occupational Balance in Individuals with Substance Use Disorder: A Pilot Study. Occupational Therapy International, 2024. doi.org/10.1155/2024/6299073

2024 Farhadian, M., Khalafbeigi, M., Akbarfahimi, M., Hassani Abharian, P., & Yazdani, F. (2024). The Persian Version of the Nottingham Leisure Questionnaire: Translation, Cultural Adaptation, and Psychometric Properties. Journal of Rehabilitation Sciences & Research, 11(4), 202–207.

2024 Farhadian, M., Akbarfahimi, M., Hassani Abharian, P., Khalafbeigi, M., & Yazdani, F. (2024). Psychometric Properties of the Persian Version of the Assessment of Time Management Skills. Function and Disability Journal, 7(1).

2023 Khalafbeigi, M., Yazdani, F., Genis, F., Hess, K. Y., & Kirve, S. (2023). Invisibility and diagnosis stigma: disabling factors for female adults with ME/CFS in a small-scale qualitative study in England. Invisibility and diagnosis stigma: disabling factors for female adults with myalgia encephalomyelitis (ME)/chronic fatigue syndrome (CFS) in a small-scale qualitative study in England. Irish Journal of Occupational Therapy, 51(2), 52-59. https://doi.org/10.1108/IJOT-08-2022-0032.
doi.org/10.1108/IJOT-08-2022-0032

2023 Yazdani, F., Nazi, S., Kavousipor, S., Karamali Esmaili, S., Rezaee, M., & Rassafiani, M. (2023). Does covid-19 pandemic tell us something about time and space to meet our being, belonging and becoming needs? Scandinavian Journal of Occupational Therapy, 30(7), 1064-1073. https://doi.org/10.1080/11038128.2021.1994644.
doi.org/10.1080/11038128.2021.1994644

2021 Yazdani, F. Rassafian, M. Nazi, S. Rezaee, M. (2021). The COVID-19 Pandemic May Force the World to Reflect on the Pre-Pandemic Style of Life. International Journal of Travel Medicine and Global Health.

2021 Yazdani, F., Bonsaksen, T., Fan, C.-W., & Esmaili, S. (2021). Investigation of the psychometric properties of the tool Self-Efficacy for Therapeutic Relationship: English version. Irish Journal of Occupational Therapy.

2021 Dehghanizadeh, M., Akbarfahimi, M., Zareiyan, A., Yazdani, F., Khalafbeigi, M., & Soleimani, F. (2021). Predictors of interest in doing activities among Iranian adolescents with cerebral palsy. Iranian Journal of Rehabilitation.

2020 Yazdani, F., Stringer, A., Nobakht, L., Bonsaksen, T., & Tune, K. (2020). Qualitative Analysis of Occupational Therapists' Reflective Notes on Practicing Their Skills in Building and Maintaining Therapeutic Relationships. Qualitative Analysis of Occupational Therapists' Reflective Notes on Practicing Their Skills in Building and Maintaining Therapeutic Relationships. Journal of Occupational Therapy Education, 4(4). https://encompass.eku.edu/jote/vol4/iss4/14.
encompass.eku.edu/jote/vol4/iss4/14

2020 Bonsaksen, T., & Yazdani, F. (2020). The Norwegian occupational wholeness questionnaire (n-owq): scale development and psychometric properties. Scandinavian Journal of Occupational Therapy, 27(1), 4-13. https://doi.org/10.1080/11038128.2018.1426783.
doi.org/10.1080/11038128.2018.1426783

2020 Dehghanizadeh, M., Khalafbeigi, M., Akbarfahimi, M., Yazdani, F., & Zareiyan, A. (2020). Exploring the contributing factors that influence the volition of adolescents with cerebral palsy: a directed content analysis. Scandinavian Journal of Occupational Therapy, 1–11.
doi.org/10.1080/11038128.2020.1723686

2020 Fan, C.-W., Carstensen, T., Småstuen, M. C., Yazdani, F., Ellingham, B., & Bonsaksen, T. (2020). Occupational therapy students' self-efficacy for therapeutic use of self: development and associated factors. Journal of Occupational Therapy Education, 4(1).
doi.org/10.26681/jote.2020.040103

2019 Sattari, M., Yazdani, F., Rassafiani, M., & Hosseini, S. A. (2019). Construct validity of the Persian version of the Child Occupational Self-Assessment in children with attention-deficit/hyperactivity disorder in Iran. Hong Kong Journal of Occupational Therapy, 32(2), 127–135.
doi.org/10.1177/1569186119889791

2019 Esmaili, S. K., Mehraban, A. H., Shafaroodi, N., Yazdani, F., Masoumi, T., & Zarei, M. (2019). Participation in Peer-Play Activities Among Children With Specific Learning Disability: A Randomized Controlled Trial. American Journal of Occupational Therapy, 73(2), 7302205110p1–7302205110p9. doi.org/10.5014/ajot.2018.028613

2018 Yazdani, F., Harb, A., Rassafiani, M., Nobakht, L., & Yazdani, N. (2018). Occupational therapists' perception of the concept of occupational balance. Occupational therapists' perception of the concept of occupational balance. Scandinavian Journal of Occupational Therapy, 25(4), 288-297. https://doi.org/10.1080/11038128.2017.1325934. doi.org/10.1080/11038128.2017.1325934

2018 Rassafiani, M. Sahaf, R. Yazdani, F. (2018). Occupational Therapy in Iran: Past, Present, and Future. 1(1):49-56. DOI:10.3928/24761222-20180212-04. doi.org/10.3928/24761222-20180212-04

2018 Yarmohammadi, N., Joveini, G., Rostami, H. R., Mahani, M. K., Behnia, F., Sahaf, R., & Yazdani, F. (2018). Validation of Persian caregivers' report of quality of life questionnaire for adolescents with cerebral palsy. International Journal of Therapy and Rehabilitation, 25(5), 234–239. doi.org/10.12968/ijtr.2018.25.5.234

2018 Schwank, K., Carstensen, T., Yazdani, F., & Bonsaksen, T. (2018). The course of self-efficacy for therapeutic use of self in Norwegian occupational therapy students: a 10-month follow-up study. Occupational Therapy International, 2018, 1–5. doi.org/10.1155/2018/2962747

2018 Hussain, R. A., Carstensen, T., Yazdani, F., Ellingham, B., & Bonsaksen, T. (2018). Short-term changes in occupational therapy students' self-efficacy for therapeutic use of self. British Journal of Occupational Therapy, 81(5), 276–284. doi.org/10.1177/0308022617745007

2018 Ritter, V. C., Yazdani, F., Carstensen, T., Thørrisen, M. M., & Bonsaksen, T. (2018). Psychometric properties of an instrument derived from the intentional relationship model: the self-efficacy for recognizing clients' interpersonal characteristics (N-SERIC). The Open Journal of Occupational Therapy, 6(2). doi.org/10.15453/2168-6408.1423

2018 Yazdani, F., Rassafiani, M., Tune, K., Pollard, N., Sakellariou, D., Fani, M., & Firuzi, S. (2018). Immigration, participation in health services and social occupations: a literature review. International Journal of Travel Medicine and Global Health, 6(2), 36–47. doi.org/10.15171/ijtmgh.2018.09

2018 Touhy, R., & Yazdani, F. (2018). Family Routines of Adolescents with an Autism Spectrum Disorder: A Literature Review. Degenerative Intellectual & Developmental Disabilities, 1(4).

2017 Yazdani, F. Bonsaksen, T. (2017). Introduction to the Model of Occupational Wholeness. Ergoscience, 12(1):32-36. DOI:10.2443/skv-s-2017-54020170104. doi.org/10.2443/skv-s-2017-54020170104

2017 Nazi, S. Shafaroodi, N., Lajevardi, L., Mehraban, A., Yazdani, F. and Hosseinzadeh, S. (2017). Life Balance of Mothers of Children with Cerebral Palsy. International Journal of Clinical Medicine, 8, 583-594. doi: 10.4236/ijcm.2017.811055. doi.org/10.4236/ijcm.2017.811055

2017 Yazdani, F., Carstensen, T., & Bonsaksen, T. (2017). Therapeutic mode preferences and associated factors among Norwegian undergraduate occupational therapy students: a cross-sectional exploratory study. Scandinavian Journal of Occupational Therapy, 24(2), 136–142. doi.org/10.1080/11038128.2016.1220620

2017 Opseth, T., Carstensen, T., Yazdani, F., Ellingham, B., Thørrisen, M., & Bonsaksen, T. (2017). Self-efficacy for therapeutic mode use among occupational therapy students in Norway. Cogent Education, 4(1). doi.org/10.1080/2331186X.2017.1406630

2017 Ritter, V. C., Thørrisen, M. M., Yazdani, F., & Bonsaksen, T. (2017). Further validation of the Norwegian self-efficacy for therapeutic mode use. Occupational Therapy International, 2017. doi.org/10.1155/2017/9745373

2017 Ghorbani, N., Rassafiani, M., Izadi-Najafabadi, S., Yazdani, F., Akbarfahimi, N., Havaei, N., & Gharebaghy, S. (2017). Effectiveness of cognitive orientation to (daily) occupational performance (CO-OP) on children with cerebral palsy: a mixed design. Research in Developmental Disabilities, 71, 24–34. doi.org/10.1016/j.ridd.2017.09.007

2016 Yazdani, F., Roberts, D., Yazdani, N., Rassafiani, M. (2016). Occupational balance: a study of the sociocultural perspective of Iranian occupational therapists. Canadian Journal of Occupational Therapy, 83(1), 53-62. https://doi.org/10.1177/0008417415577973. doi.org/10.1177/0008417415577973

2016 Hosseini, S. M. S., Asgari, A., Rassafiani, M., Yazdani, F., & Mazdeh, M. (2016). Leisure time activities of Iranian patients with multiple sclerosis: a qualitative study. Health Promotion Perspectives, 6(1), 47–53. doi.org/10.15171/hpp.2016.08

2016 Farzad, M., Asgari, A., Layeghi, F., Yazdani, F., Hosseini, S., Rassafiani, M., & Kus, S. (2016). Exploring the relation between impairment rating by AMA guide and activity and participation based on ICF in the patients with hand injuries. Journal of Hand and Microsurgery, 7(2), 261–267. doi.org/10.1007/s12593-015-0197-z

2016 Hayden, R., & Yazdani, F. (2016). Stroke patients' experiences of weekend days spent on a stroke unit: a descriptive phenomenological analysis. International Journal of Therapies and Rehabilitation Research, 5(5), 89. doi.org/10.5455/ijtrr.000000189

2016 Rezaie, L., Khazaie, H., & Yazdani, F. (2016). Exploration of the experience of living with chronic insomnia: a qualitative study. Sleep Science, 9(3), 179–185. doi.org/10.1016/j.slsci.2016.07.001

2016 Esmaili, S. K., Shafaroodi, N., Mehraban, A. H., Parand, A., Qorbani, M., Yazdani, F., & Mahmoudpour, A. (2016). Prevalence of psychiatric symptoms and mental health services in students with specific learning disabilities in Tehran, Iran. International Journal of Mental Health and Addiction, 14(4), 438–448. doi.org/10.1007/s11469-015-9617-3

2016 Nobakht, L., & Yazdani, F. (2016). Using Parent Assessment of Child Occupation (PACO) alongside the Child Occupational Self-Assessment (COSA): feasibility study. International Journal of Therapies and Rehabilitation Research, 5(3).

2016 Yazdani, F., Yazdani, N., & Nobakht, L. (2016). Reflective self-awareness exercise: steps towards changing students' attitudes towards disability. International Journal of Therapies and Rehabilitation Research, 5(2), 25.
doi.org/10.5455/ijtrr.000000122

2014 Lotfi, A., Rezaee, M., Pashazadeh Azari, Z., Yazdani, F., Rassafiani, M., & Akbarzadeh-Baghban, A. (2014). Construction and Validation of Parenting Role Tasks Questionnaire. Journal of Rehabilitation Medicine, 3(2), 60–67.

2013 Riyahi, A., Rassafiani, M., Akbarfahimi, N., Sahaf, R., & Yazdani, F. (2013). Cross-cultural validation of the Persian version of the Manual Ability Classification System for children with cerebral palsy. International Journal of Therapy and Rehabilitation, 20(1).

2013 Nobakht, Z., Rassafiani, M., Rezasoltani, P., & Yazdani, F. (2013). Environmental barriers to social participation of children with cerebral palsy in Tehran. Iranian Rehabilitation Journal.

2012 Yazdani, F. (2012). The dynamic nature of attributing meaning and value to occupation in Iran. Journal of Occupational Science, 19(4), 371–375.
doi.org/10.1080/14427591.2012.701180

2011 Yazdani, F. (2011). How Students with Low Level Subjective Wellbeing Perceive the Impact of the Environment on Occupational Behaviour. International Journal of Therapy and Rehabilitation, 18(8), 462–469.
doi.org/10.12968/ijtr.2011.18.8.462

2010 Yazdani, F. (2010) The Triad of Community Group, Politics, and Religion in Forming the 'Professional Self'.

2008 Yazdani, F., Jibril, M., & Kielhofner, G. (2008). A study of the relationship between variables from the model of human occupation and subjective well-being among university students in Jordan. Occupational Therapy in Health Care, 22(2/3), 125–138.

Book reviews

2015 Yazdani, F., & Yazdani, N. (2015). Driving with Plato: The Meaning of Life's Milestones — a critical review. Philosophical Practice: Journal of the American Philosophical Practitioners Association.

2013 Yazdani, F., & Tune, K. (2013). A Mindful Nation, by Tim Ryan — a review. Journal of the American Philosophical Practitioners Association.

2009 Yazdani, F. (2009). Helping Students Overcome Depression and Anxiety, by K. N. Merrell — a review. Educational Review.

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